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For Immediate Release

Anna Meredith Releases New Single, “[Inhale Exhale](#)”

***FIBS* Due October 25th via Black Prince Fury**

Photo Credit: Gem Harris

“music for the head, the heart, the ass and the feet” – *NPR*

“sheer exhilaration” – *New York Times*

“Silly, striking and smart... Meredith in a nutshell” - *The Guardian*



Photo Credit: Gem Harris

Anna Meredith - “one of the most innovative minds in modern British music” (*Pitchfork*) - releases “**Inhale Exhale**,” a new single/video off of ***FIBS***, her new album out on **October 25th via Black Prince Fury**. Following “**moonmoons**” and “**Paramour**,” “Inhale Exhale” marries

Meredith's crystalline singing voice with ravey electronics to create something simultaneously catchy and unsettling. It's unmistakably Meredith's most pop song to date. Saturated in euphoric rave melodies, her own vocals roll on top of the jittering synths, but on a closer listen the lyrics reveal a darker theme at play.

"'Inhale Exhale' is underpinned with lyrics exploring a more sinister and pessimistic take on what 'living' or having a 'wild time' might be for a cautious person like myself so despite the upbeat feel, the opening line which sets the mood is 'you say you're dancing in the deep end, but to me it looks like drowning,'" says Meredith.

FIBS is no "**Varmints** Part 2" — the rereading of old ground, or even a smooth progression from one project to another, just isn't Meredith's style. Instead, if anything, it's "*Varmints 2.0*", an overhauled and updated version of the composer's soundworld, involving, in places, a literal retooling that has seen Meredith chuck out her old MIDI patches and combine her unique compositional voice with brand-new instruments, both acoustic and electronic, and a writing process that's more intense than she's ever known. Despite Meredith's background and skills these tracks are no academic exercise, the world of *FIBS* is at both overwhelming and intimate, a journey of intense energy and joyful irreverence.

FIBS, says Meredith, are "*lies — but nice friendly lies, little stories and constructions and daydreams and narratives that you make for yourself or you tell yourself*". Entirely internally generated and perfectly balanced, they can be a source of comfort and excitement, intrigue and endless entertainment. The eleven *fibs* contained on Anna Meredith's second record will do all that, and more besides.

Listen to Anna Meredith's "Inhale Exhale" -

<https://www.youtube.com/watch?v=8Pb96be4B94>

Listen to "moonmoons" -

link

Watch the Video for "Paramour" -

<https://www.youtube.com/watch?v=yjmZLaymJU8>

Pre-order *FIBS* -

<http://smarturl.it/FIBS>

Download hi-res jpegs and images of Anna Meredith -

<https://pitchperfectpr.com/anna-meredith/>

Anna Meredith Tour Dates:

Thu. Oct. 24 - Lancaster, UK @ Lancaster Rooms (Somerset House)

Mon. Feb. 3 - Leeds, UK @ Belgrave Music Hall

Tue. Feb. 4 - Manchester, UK @ Gorilla

Wed. Feb. 5 - London, UK @ Earth

Thu. Feb. 6 - Bristol, UK @ Trinity

Sat. Feb. 8 - Glasgow, UK @ Art School

Sun. Feb. 9 - Coventry, UK @ Arts Centre

Mon. Feb. 10 - Brighton, UK @ Old Market

[Website](#) | [Twitter](#) | [Instagram](#) | [Youtube](#)

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