

October 9, 2019  
For Immediate Release

## Modern Nature Presents Short Film [How To Live?](#)

Tickets for North American Tour [On Sale Now](#)



[Photo by James Sharp]

“At their best, Modern Nature offer glimpses into the same enlightened place they accessed on their debut EP, where introspective folk songwriting and churning classical minimalism are one and the same.” - *Pitchfork*

“With a thematic interest in urban and rural settings and a musical interest in everything from krautrock and dance to psych-folk and jazz, Modern Nature bridge the gap between seemingly unrelated concepts.” - *Paste*

“While anchored by Cooper, the record’s grooves find a formidable cast of players exploring myriad veins of Kosmische Musik, British folk traditions and beyond – all underpinned by oblique sense of atmospheric otherness.” - *Aquarium Drunkard*

Following the recent announcement of their **North American tour**, London-based band **Modern Nature** presents ***How To Live?***, a short film conceptualized by **Jack Cooper**. It follows their debut album, ***How To Live***, which is out now on **Bella Union**. Cooper describes the film below.

“We recorded *How To Live* in July 2018. I’d spent the previous few months fleshing out my idea for the record, writing the songs and then Will and I built it all up in the spring. When we started tracking, we asked our friend James Sharp to come along and film us recording. I suppose there were some delusions of grandeur and a vague intention to make some kind of documentary that might help explain to people what we were aiming at. When we finished and time passed, the footage went on the back burner because we thought the album really spoke for itself. This short film and the music that accompanies it is meant to be something of a companion to the record... it’s nice to look back and see a snapshot of a band that only really existed for 2 weeks in July 2018, before it evolved into something else.”

The richness of the ideas in the songs on *How To Live* is matched by the resonance of the music. The organic compositions from Cooper and **Will Young** (Beak>) gain skin and muscle through the thoughtful cello of **Rupert Gillett**, the insistent drumming of **Aaron Neveu** (Woods), and the expressive saxophone of **Jeff Tobias** (Sunwatchers). The record evolved as these creative forces joined the group, and it shows. The entire album courses with both precision and vitality. The band is closely tuned to the core of each piece, but also unafraid to throw themselves into every moment. They’ve created their own complete world.

**Watch *How To Live?* Short Film -**

<https://youtu.be/Giyk0NoZi60>

**Purchase *How To Live* -**

[http://smarturl.it/mn\\_hl](http://smarturl.it/mn_hl)

**Watch & Listen:**

“**Nature**” video - <https://youtu.be/h7Hc5hakErY>

“**Séance**” - <https://youtu.be/fJbG4ce-bq4>

“**Footsteps**” video - <https://youtu.be/hceTNI5ye4k>

“**Peradam**” video - <https://youtu.be/X811cP7aUfk>

**Modern Nature Tour Dates:**

Wed. Dec. 18 - Bristol, UK @ Friendly Records End Of Year Party

Fri. Dec. 20 - Southend, UK @ South Records End Of Year Party

Thu. Jan. 9 – Washington, DC @ Comet Ping Pong  
Fri. Jan. 10 – Philadelphia, PA @ Boot & Saddle  
Sat. Jan. 11 – Brooklyn, NY @ Rough Trade  
Sun. Jan. 12 – Boston, MA @ The Lilypad  
Mon. Jan. 13 – Burlington, VT @ The Monkey House  
Tue. Jan. 14 – Montreal, QC @ Bar Le ‘Ritz’ P.D.B.  
Wed. Jan. 15 – Toronto, ON @ The Monarch  
Thu. Jan. 16 – Detroit, MI @ Deluxx Fluxx  
Sat. Jan. 18 – Minneapolis, MN @ 7th St. Entry  
Mon. Jan. 20 – Columbus, OH @ Ace of Cups  
Tue. March 3 - Brighton, UK @ Green Door Store  
Wed. Mar. 4 - London, UK @ Omeara  
Sat. Mar. 7 - Antwerp, BE @ Trix Bar  
Mon. Mar. 9 - Amsterdam, NL @ Paradiso  
Wed. Mar. 11 - Barcelona, ES @ Sala Vol  
Thu. Mar. 12 - Madrid, ES @ Siroco  
Fri. Mar. 13 - Oviedo, ES @ Lata De Zinc

