

February 10, 2020  
For Immediate Release

## Alex Lahey Presents New Single, “[Sucker For Punishment](#)” And Announces West Coast Tour Dates



(Photo Credit: James Hornsby)

“Lahey may be stuck in the thick of it now, but her ability to see as though she’s already beyond, to address life’s essential contradictions with thoughtfulness and humor, makes her an insightful storyteller.” — *Pitchfork*

“There’s an immediacy to Alex Lahey’s music so urgent that it’ll hook you before you even notice it’s happening.” — *GQ*

“Alex Lahey is quickly becoming the queen of big, catchy pop-rock hooks” — *MTV News*

Today, Melbourne-based songwriter **Alex Lahey** releases a new track, “**Sucker For Punishment**.” “Sucker For Punishment” follows her sophomore album, ***The Best of Luck Club***, “a witty and confessional pop-punk gem” (*Uproxx*), **out now on Dead Oceans**. The

song, about self-delusion, is written from the perspective of the deluded. Throughout, Lahey's exasperated vocals are backed by buzzing guitar and a jaunty bass line.

*"We're living in an era where the micro has become the macro," says Lahey. "I don't think there has ever been a time where our actions and attitudes as individuals have had such an impact on broader humanity and the planet. Whether it's a 'think about it later' attitude towards climate change, the undemocratic consequences of sharing personal data to big business online, a lethargicness in the face of political engagement or the need to be validated as a worthwhile individual through obtaining arbitrary units of engagement on social media - we need to catch ourselves out before we suffer greater consequences."*

**Listen to Alex Lahey's "Sucker For Punishment" -**

<https://youtu.be/etVj6qrHwCM>

In conjunction with the new single, Lahey is pleased to announce **she'll return stateside for a for a slew of tour dates along the west coast**, kicking off the run in **San Diego on Sat. May 30 at Casbah**. All full list of tour dates are below.

**Alex Lahey Tour Dates (new dates in bold):**

Fri. March 13 - Nottingham, UK @ Rescue Rooms ^  
Mon. March 16 - Glasgow, UK @ The Garage ^  
Tue. March 17 - Manchester, UK @ Gorilla ^  
Wed. March 18 - Birmingham, UK @ O2 Academy2 Birmingham ^  
Thu. March 19 - London, UK @ Electric Ballroom ^  
Sat. March 21 - Amsterdam, NE @ Paradiso Noord ^  
Sun. March 22 - Antwerp, BE @ Kavka ^  
Mon. March 23 - Hamburg, DE @ Molotow ^  
Tue. March 24 - Düsseldorf, DE @ Zaak ^  
Thu. March 26 - Mainz, DE @ Kulturklub schon schön ^  
Fri. March 27 - Paris, FR @ Nouveau Casino ^  
Wed. April 15 - Adelaide, AU @ Thebarton Theatre \*  
Fri. April 17 - Fremantle, AU @ Fremantle Arts Center \*  
Mon. April 20 - Sydney, AU @ Enmore Theatre \*  
Wed. April 22 - Brisbane, AU @ The Fortitude Music Hall \*  
Fri. April 24 - Melbourne, AU @ Forum Theatre \*  
Sat. April 25 - Melbourne, AU @ Forum Theatre \*  
Tue. April 28 - Hobart, AU @ Odeon Theatre \*  
**Sat. May 30 - San Diego, CA @ Casbah**  
**Sun. May 31 - Costa Mesa, CA @ The Wayfarer**  
**Mon. June 1 - Los Angeles, CA @ Moroccan Lounge**  
**Tue. June 3 - San Jose, CA @ The Ritz**  
**Fri. June 5 - Oakland, CA @ Starline Social Club Crystal Cavern**  
**Sat. June 6 - Sacramento, CA @ The Starlet Room at Harlow's**  
**Mon. June 8 - Portland, OR @ Mississippi Studios**  
**Tue. June 9 - Seattle, WA @ Barboza**

\* = w/ City & Colour  
^ = w/ The Regrettes

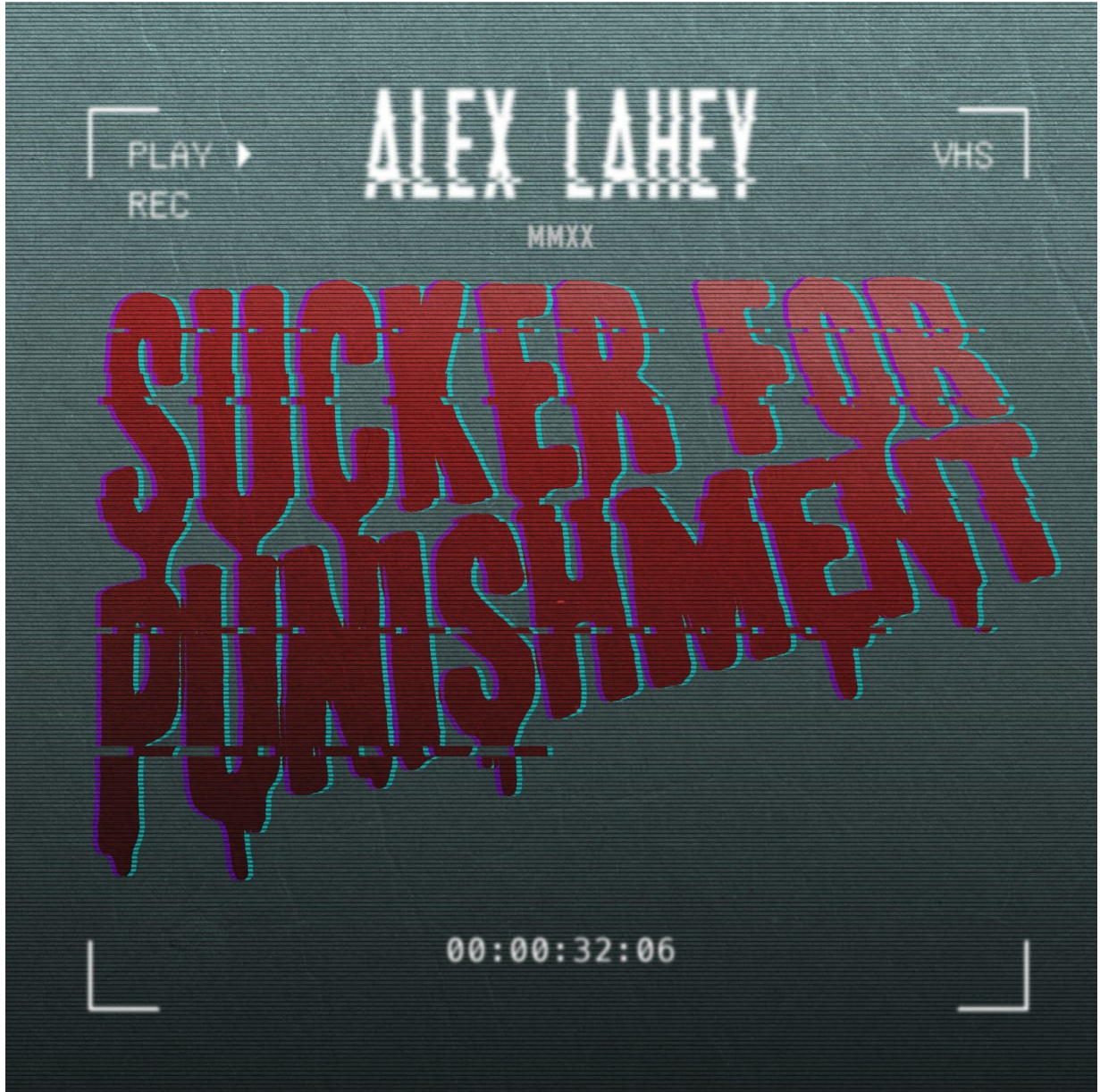
**Purchase *The Best of Luck Club* -**  
<https://alexlahey.ffm.to/bestofluckclub>

**Watch/Listen/Share:**

“Am I Doing It Right?” stream - <https://youtu.be/BAfpMBepOpo>  
“Don’t Be So Hard On Yourself” video - <https://youtu.be/Uu1qtlk5eoY>  
“Unspoken History” stream - <https://youtu.be/dFkRK2FgXhl>  
“Unspoken History” live acoustic video - <https://youtu.be/SDHZoDVUs3o>

**Download album art and hi-res jpegs of Alex Lahey -**  
<https://pitchperfectpr.com/alex-lahey/>





“Sucker For Punishment” Track Artwork

[Artist Site](#) | [Facebook](#) | [Instagram](#) | [Twitter](#) | [Dead Oceans](#)

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