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For Immediate Release

The Beths Share New Single/Video “[Jump Rope Gazers](#)” From *Jump Rope Gazers* Out Today On Carpark Records & Announce New Zealand Tour Dates



Photo by Amanda Cheng

The Beths’ new album, ***Jump Rope Gazers***, is **out today on Carpark Records**, and they’re sharing a new video for the title track, “[Jump Rope Gazers](#),” which they also performed on the final installment of their “[Live From House](#)” livestream series. **Elizabeth Stokes** says about the mellow and expressive love song, “*I’ve always dabbled in extreme sincerity, but always self consciously. I think there’s nothing scarier than just using the words ‘I love you’ in a song. In a love song. I didn’t manage it on our first album, but I guess I was ready for this one. The bass drum Tristan used for this one was a huge old modified marching bass drum. It’s the slowest tempo we have played, which gives us space to do things we wouldn’t normally be able to.*”

The accompanying video, directed by **Sports Team (Annabel Kean & Callum Devlin)** and shot at the Mangawhai heads in New Zealand, features Stokes and bandmate **Jonathan Pearce**. “All the different landscapes were fifteen minutes walk from each other. I'd never seen sand dunes that big before, they were a beautiful dream. Walking up one was kind of like a nightmare though, they are so steep,” says Stokes. Director Annabel Kean adds: “‘Jump Rope Gazers’ is a total heart-breaker, huge feelings track, and it was clear from the first listen that Sports Team had to go bigger than ever to match the calibre. So, we shot a 5-minute sci-fi alien adventure romance.”

[Watch “Jump Rope Gazers” Video](#)

The Beths are Elizabeth Stokes (vocals/guitar), Jonathan Pearce (guitar), **Benjamin Sinclair** (bass), and **Tristan Deck** (drums). *Jump Rope Gazers* is the follow-up to ***Future Me Hates Me***, “one of the most impressive indie-rock debuts of the year” (*Pitchfork*). The album received glowing praise and appeared on many year-end lists including *Rolling Stone*, *NPR*, *Stereogum*, and more.

Jump Rope Gazers tackles themes of anxiety and self-doubt with effervescent power pop choruses and rousing backup vocals, zeroing in on the communality and catharsis that can come from sharing stressful situations with some of your best friends. Touring far from home, The Beths committed to taking care of each other while simultaneously trying to take care of friends living thousands of miles away. That care and attention shines through on *Jump Rope Gazers*, where the quartet sounds more locked in than ever. *Jump Rope Gazers* stares down all the hard parts of living in communion with other people, even at a distance, while celebrating the ferocious joy that makes it all worth it.

[Watch “Jump Rope Gazers” Video](#)

[Watch “Out of Sight” Video](#)

[Watch “I’m Not Getting Excited” Video](#)

[Watch “Dying to Believe” Video](#)

[“Live From House” live streams](#)

[Pre-Order *Jump Rope Gazers*](#)

The Beths Tour Dates (new dates in bold)([tickets](#)):

Sat. July 11 - Auckland, NZ @ Power Station (SOLD OUT)
Thu. Aug. 27 - Raglan, NZ @ Yot Club
Fri. Aug. 28 - Tauranga, NZ @ Totara Street
Sat. Aug. 29 - Napier, NZ @ Cabana
Thu. Sept. 3 - Palmerston North, NZ @ The Stomach
Fri. Sept. 4 - Wellington, NZ @ San Fran (SOLD OUT)
Sat. Sept. 5 - Wellington, NZ @ San Fran (NEW SHOW ADDED)
Tue. Sept. 8 - Nelson, NZ @ Playhouse
Wed. Sept. 9 - Takaka, NZ @ Mussel Inn
Thu. Sept. 10 - Blenheim, NZ @ Framingham Winery
Fri. Sept. 11 - Christchurch, NZ @ Blue Smoke
Sat. Sept. 12 - Dunedin, NZ @ Starters Bar
Sun. Sept. 13 - Invercargill, NZ @ Tuatara
Fri. Nov. 6 - Auckland, NZ @ Town Hall
Sat. Nov. 7 - Gisborne, NZ @ Gisborne Beer Festival
Sun. Nov 8 - Perth, WA @ HBF Park*
Wed. Nov. 11 - Melbourne, VIC @ Marvel Stadium*
Sat. Nov. 14 - Sydney, NSW @ Bankwest Stadium*
Tue. Nov. 17 - Brisbane, QLD @ QSAC Stadium*
Fri. Nov. 20 - Dunedin, NZ @ Forsyth Barr Stadium*
Sun. Nov. 22 - Auckland, NZ @ Mt Smart Stadium*
Tue. March 30 - Southampton, UK @ The Loft
Wed. March 31 - Leeds, UK @ Brudenell Social Club
Thu. April 1 - Manchester, UK @ Club Academy
Fri. April 2 - Glasgow, UK @ Saint Luke's
Sat. April 3 - Dublin, IE @ The Workman's Club
Mon. April 5 - Bristol, UK @ SWX
Tue. April 6 - Birmingham, UK @ Castle and Falcon
Wed. April 7 - London, UK @ O2 Kentish Town
Thu. April 8 - Brighton, UK @ Concorde 2
Fri. April 9 - Paris, FR @ Point Éphémère
Sat. April 10 - Lyon, FR @ Marché Gare - Hors les murs
Sun. April 11 - Milan, IT @ BIKO
Tue. April. 13 - Dürdingen, CH @ Bad Bonn
Wed. April 14 - Lausanne, CH @ Le Romandie
Thu. April 15 - Munich, DE @ Kranhalle
Fri. April 16 - Vienna, AT @ B72
Sat. April 17 - Prague, CZ @ Underdogs' Ballroom
Sun. April 18 - Berlin, DE @ Lido

Tue. April 20 - Copenhagen, DK @ Vega Ideal Bar
Wed. April 21 - Hamburg, DE @ Molotow
Thu. April 22 - Cologne, DE @ Artheater
Fri. April 23 - Amsterdam, NL @ Paradiso Noord
Sun. April 25 - Brussels, BE @ Ancienne Belgique
Fri. Aug. 6 - Sun. Aug. 8 - San Francisco, CA @ Outside Lands

*w/ Green Day, Weezer and Fall Out Boy

Praise for *Jump Rope Gazers*:

“[‘Dying To Believe’ is] fleet and lovely, strutting and sweet” - *Rolling Stone*

“[‘Dying To Believe’ is] a relentlessly upbeat barrage of electric guitar, punk drums, and sing-along vocal hooks that’s done before you know it, begging for you to hit the repeat button and start it over.” - *MTV News*

“The group of jazz school graduates treat pop-rock like a science, inverting predictable ‘woah-oh’ gang choruses into clever ‘ah-ah-woo’s that are freshly irresistible.”
- *Entertainment Weekly*

“The Beths make music that could easily be described as excitable — wiry and nervy and sparkling rock music that’s built around impeccable hooks and riffs and a constant sense of forward momentum.” - *Stereogum*

“While musically a jumpy, driving number, [‘I’m Not Getting Excited’s] subject matter is about denying oneself the freedom to enjoy excitement and success — all because of constant second-guessing” - *Consequence of Sound*

“[‘I’m Not Getting Excited’ is] an energetic indie-rocker” - *Uproxx*

[Download hi-res images and jpegs of The Beths](#)



Jump Rope Gazers artwork

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For more information, contact:

Patrick Tilley | Pitch Perfect PR - patrick@pitchperfectpr.com

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