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For Immediate Release

SARAH MARY CHADWICK ANNOUNCES NEW ALBUM, *ME AND ENNUI ARE FRIENDS, BABY*, OUT FEBRUARY 5TH, 2021 ON BA DA BING

WATCH THE VIDEO FOR LEAD SINGLE "[EVERY LOSER NEEDS A MOTHER](#)"



Photo Credit: Simon Karis

"Alone, often accompanied by just a piano, [Sarah Mary Chadwick] stares at the sky and demands answers from a higher power that may or may not be listening." - *Pitchfork*

New Zealand-born, Melbourne-based singer-songwriter **Sarah Mary Chadwick** announces her seventh full-length album, ***Me And Ennuï Are Friends Baby***, out **February 5th, 2021 on Ba Da Bing**, and today presents its lead single/video, "**Every Loser Needs A Mother**." Comprised entirely of minimal solo piano arrangements, *Ennuï* is despondently clear-eyed and smirkingly self-deprecating, completing a trilogy of records that started with ***The Queen Who Stole The Sky*** and her only outing to date featuring a full band, ***Please Daddy***. Each record has followed Chadwick's internal processing after a traumatic event, with Chadwick's zeal for psychoanalysis front and center. On *Ennuï*, Chadwick presents an exacting intensity with her choice to pare back

to piano and vocals. It's in this stark setting that she focuses on the attempt she made on her life in 2019.

Just weeks before the *Ennui* recordings in 2019, Chadwick endured the breakup of a long term relationship and attempted her own life. These events followed the deaths of her father and a close friend, and it's from this weighty internal mire that Chadwick emerges throughout the trilogy. Imaginably, the result is staggeringly abject.

However, the incandescent nature of her will, knack for reportage and searing dark humor sets fire to the world she describes over these 12 songs. Lead single "Every Loser Needs A Mother" offers a glimpse into this dark humor, as Chadwick describes an undesired need to take care of a dependant man: "Well I laid out his clothes // And I laughed at his jokes // And I stumbled around in // Heels and no clothes // And I went to his hell // And he kicked me out." The track touches on all-too familiar tropes, Chadwick's voice commanding and wryly confessional over piano.

[Watch the Video for "Every Loser Needs A Mother"](#)

The methods Chadwick employed on *Ennui* contrast those of her previous full-band record, which thrust her into a very different world of rehearsal, planning, restraint and control as a functional tool. The result, 2020's critically acclaimed *Please Daddy*, was her most aching and engaging achievement to date: "a raw, often unnerving experience," which "delivers compelling and uplifting catharsis" (Mojo). Recording *Ennui* shortly after the *Please Daddy* sessions, Chadwick concludes her trilogy by returning to the most immediate compositional process she can muster, doing it alone, with less between her and the microphone than ever before. Joined by long time production collaborators, *Ennui* was mastered by **David Walker** at Stepford Audio and mixed and recorded by **Geoff O'Connor** at Vanity Lair - both expertly bringing scale, subtlety and intangible ascendance to this recording. On *Ennui*, Chadwick is free, there is nowhere for her or us to run from the need to very presently and repeatedly articulate her trauma until it is simply, "articulated out."

[Pre-order *Me And Ennui Are Friends, Baby*](#)

Me And Ennui Are Friends, Baby will be released alongside a very limited run colored vinyl, which will feature covers individually hand-painted by Chadwick herself. Additionally, a string of launches will be announced where Sarah will perform live to a small Melbourne crowd. These performances will be streamed live and will revolve around material from all three of the trilogy records. It will take place at a new Melbourne venue TBA, coinciding with an announcement about a series of continuous residency shows at this venue.

***Me And Ennui Are Friends, Baby* Tracklist**

1. A Mother's Love
2. At Your Leisure
3. That Feeling Like
4. Every Loser Needs A Mother
5. Me And Ennuie Are Friends, Baby
6. Always Falling
7. Full Mood
8. Let's Go Home
9. Don't Like You Talking
10. I Was Much Better At Being Young Than You Are
11. When You're Sleeping
12. Will The Lord Hold My Hand

Praise for Please Daddy

"[Chadwick] has discussed the immense pain of grief, the weight of religious symbology, the inner workings of Lacanian psychoanalysis, and the ways that watching *Friends* makes her think of her own mortality...the thoughtful way she dwells on them shows the kind of thinker and songwriter she is, with a sparse, quiet way of tackling grand philosophical concerns." - *Pitchfork*

"Chadwick's voice grabs you too hard: deep and throaty, it makes no concessions to prettiness, but drowns in soul and feels close as family...after immersion in Chadwick's rich sadness, you come out feeling cleansed." - *The Guardian*

"That pirouette of mood spins the ["Please Daddy"] in a new direction — not necessarily one of hope, but one that is not overtly destructive. And she's able to pull it off without it sounding corny or disingenuous because of the stream-of-consciousness approach she has with the music." - *Rolling Stone*

". As always, Chadwick's commanding voice takes center stage, with a rich orchestral backdrop supporting her booming vocals before they're reduced to smoldered submission at the hands of yet another big and strong Dad." - *FLOOD*



Me And Ennui Are Friends, Baby Cover Artwork

Sarah Mary Chadwick Online:

<https://www.instagram.com/sarahmarychadwick/>

<https://www.facebook.com/sarahmarychadwicknz/>

<https://sarahmarychadwick.bandcamp.com/merch>

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