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For Immediate Release

SARAH MARY CHADWICK RELEASES NEW SINGLE, "[AT YOUR LEISURE](#)"

NEW ALBUM, *ME AND ENNUI ARE FRIENDS, BABY*, OUT FEBRUARY 5TH, 2021 ON BA DA BING



Photo Credit: Simon Karis

New Zealand-born, Melbourne-based singer-songwriter **Sarah Mary Chadwick** releases a new single "**At Your Leisure**," off of her forthcoming seventh full-length album, ***Me And Ennui Are Friends, Baby***, out **February 5th** via **Ba Da Bing**. It follows the darkly humorous lead single/video "**Every Loser Needs a Mother**." A raw tale of a one-sided relationship, Chadwick's impassioned piano and achingly dark lyrics showcase a deep-rooted emotional pain and vulnerability in our protagonist.

Chadwick explains: "This song is an accurate blow by blow (pun intended) of a time. This song asks the question 'is it all for this song / if it is that wrong?' To me the comparison illustrates a frustrated lack of control as relaxed into an acknowledgement that it's all definitely for a purpose, and how mad can you be when you're literally getting what you're asking for. This song acknowledges that I wasn't powerless- but

that construction might've suited me at the time. But it's important to me to recognise when I'm being lazy with my assessments of myself. Things being at someone else's leisure can be hot and exciting sometimes. But also sometimes it's a lot of lying in bed staring at the ceiling, looking at ur phone and feeling like you're a fucking idiot. But there's nothin' really wrong with that."

[Listen to Sarah Mary Chadwick's "At Your Leisure"](#)

Comprised entirely of minimal solo piano arrangements, ***Me And Ennui Are Friends, Baby*** is despondently clear-eyed and smirkingly self-deprecating. It completes a trilogy of records that started with ***The Queen Who Stole The Sky*** (2019) and her only outing to date featuring a full band, ***Please Daddy***, released earlier this year. Each record has followed Chadwick's internal processing after a traumatic event, with Chadwick's zeal for psychoanalysis front and centre. On ***Ennui***, Chadwick presents an exacting intensity with her choice to pare back to piano and vocals. It's in this stark setting that she focuses on the attempt she made on her life in 2019.

Just weeks before the ***Ennui*** recordings in 2019, Chadwick endured the breakup of a long term relationship and attempted her own life. These events followed the deaths of her father and a close friend, and it's from this weighty internal mire that Chadwick emerges throughout the trilogy. Imaginably, the result is staggeringly abject.

Joined by long time production collaborators, ***Ennui*** was mastered by **David Walker** at Stepford Audio and mixed and recorded by **Geoff O'Connor** at Vanity Lair - both expertly bringing scale, subtlety and intangible ascendance to this recording. On ***Ennui***, Chadwick is free, there is nowhere for her or us to run from the need to very presently and repeatedly articulate her trauma until it is simply, "articulated out."

[Watch the Video for "Every Loser Needs A Mother"](#)

[Pre-order ***Me And Ennui Are Friends, Baby***](#)

Me And Ennui Are Friends, Baby will be released alongside a very limited run colored vinyl, which will feature covers individually hand-painted by Chadwick herself. Additionally, a string of launches will be announced where Sarah will perform live to a small Melbourne crowd. These performances will be streamed live and will revolve around material from all three of the trilogy records. It will take place at a new Melbourne venue TBA, coinciding with an announcement about a series of continuous residency shows at this venue.

Praise for Sarah Mary Chadwick

“Completing a trilogy of thematically linked records, ‘Every Loser Needs A Mother’ splits the difference between the full-band immediacy of this year’s *Please Daddy* and last year’s bracingly confessional *The Queen Who Stole The Sky*.” - *PAPER*

“[Chadwick] has discussed the immense pain of grief, the weight of religious symbology, the inner workings of Lacanian psychoanalysis, and the ways that watching *Friends* makes her think of her own mortality...the thoughtful way she dwells on them shows the kind of thinker and songwriter she is, with a sparse, quiet way of tackling grand philosophical concerns.” - *Pitchfork*

“Chadwick’s voice grabs you too hard: deep and throaty, it makes no concessions to prettiness, but drowns in soul and feels close as family...after immersion in Chadwick’s rich sadness, you come out feeling cleansed.” - *The Guardian*

“That pirouette of mood spins the [‘Please Daddy’] in a new direction — not necessarily one of hope, but one that is not overtly destructive. And she’s able to pull it off without it sounding corny or disingenuous because of the stream-of-consciousness approach she has with the music.” - *Rolling Stone*

“As always, Chadwick’s commanding voice takes center stage, with a rich orchestral backdrop supporting her booming vocals before they’re reduced to smoldered submission at the hands of yet another big and strong Dad.” - *FLOOD*



Me And Ennui Are Friends, Baby Cover Artwork

Sarah Mary Chadwick Online:

<https://www.instagram.com/sarahmarychadwick/>

<https://www.facebook.com/sarahmarychadwicknz/>

<https://sarahmarychadwick.bandcamp.com/merch>

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