

September 15, 2021
For Immediate Release

**Lionlimb Shares New Single/Video “[Nothing](#)”
From New Album *Spiral Groove* Out 11/12 On Bayonet**



“Nothing” video still

"It's a crisp, ornate production that blooms into something immaculate and expansive by the end."
- Stereogum

"an instantly appealing, piano-led bit of orch pop" - Brooklyn Vegan

Lionlimb - the project of **Stewart Bronaugh** - shares a new single/video, “[Nothing](#),” from his forthcoming album, ***Spiral Groove***, out **November 12th on Bayonet**. The second single for the album following “[Loveland Pass](#),” “Nothing” is an ode to appreciating what you have instead of wishing for things you didn’t. It’s lush with keys, atmospheric guitar, and Bronaugh’s compelling voice. Its accompanying video reflects the track’s swirling sound with watercolor-esque layers and oceanic footage.

“I feel like I’ve spent the majority of my time focused on what I don’t have and what others do have and how I’d be able to achieve them,” says Bronaugh. *“But even when those desires or wishes get fulfilled you’re still somehow unsatisfied. I don’t know if it’s because capitalism or*

social media have wired our brains this way or it's just our nature. But this song is about trying to live in the headspace of recognizing what you do have and being grateful for it. I think the desire to spend our energy on acquiring things we don't have rather than nurturing the things we do is our biggest flaw."

[Watch Lionlimb's "Nothing" Video](#)

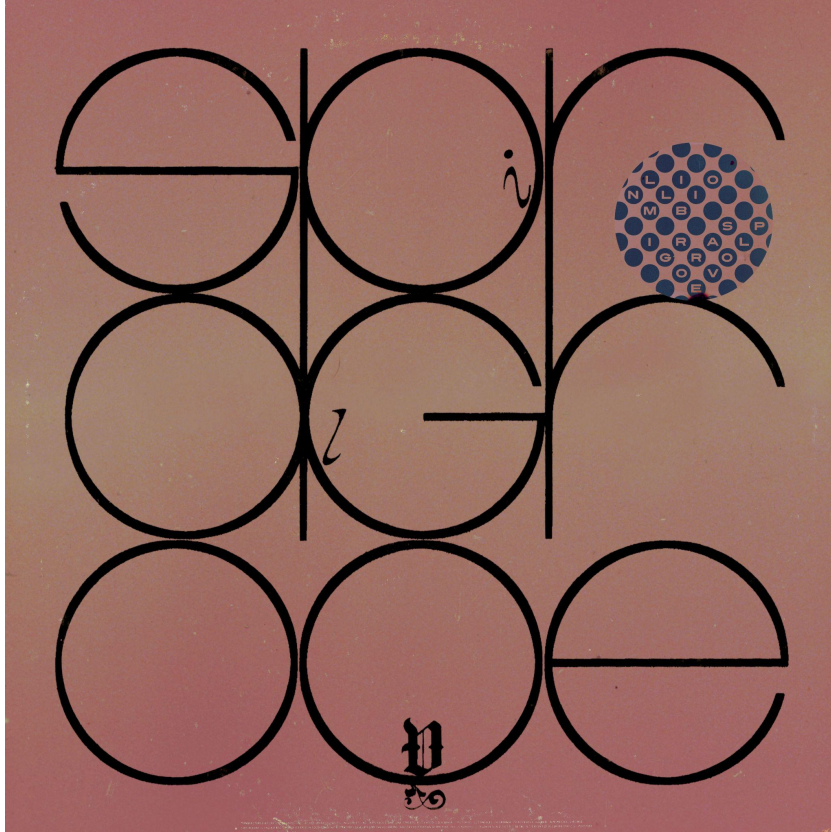
Spiral Groove was born out of Bronaugh's recovery from a neck surgery. Studded with stories of mortality, the challenges of addiction and sobriety, and the romance of a lifetime, *Spiral Groove* encapsulates all of our existential questions into tidy love songs. The name derives from a channel in the arm your nerves run through while simultaneously painting the picture of a needle dropping onto a vinyl LP. The album is a timeless, romantic collection of songs; piano, cello, slide guitar and buzzing synth lines wind in and out. **Angel Olsen** describes the "joyful urgency" in these songs--they are like a hopeful spell for life after the end of the world.

[Watch "Nothing" Video](#)

[Watch "Loveland Pass" Video](#)

[Pre-order *Spiral Groove*](#)

[Download hi-res images of Lionlimb](#)



Spiral Groove cover art

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