

February 4, 2022  
For Immediate Release

**METZ & ADULKT LIFE ANNOUNCE SPLIT 7", OUT MARCH 4TH ON  
WHAT'S YOUR RUPTURE?**

**LISTEN TO METZ'S "[DEMOLITION ROW](#)"**



Metz / Adulkt Life Split 7" artwork

Today, **METZ** and **Adulkt Life** announce a **split 7"**, **out March 4th on What's Your Rupture?**, and share Metz's "**Demolition Row.**" This split 7" is a dogged, startling response to today's spoilt life. The two bands are paired perfectly: their shared, resolute force carries an urgency that belongs to this era alone. Both are capable of goading listeners, both are capable of unearthly moments of alloyed beauty. And both bands are made for that unflinching space between the truths that can't be absorbed and the truths that can't be forgotten.

METZ are undisputable. Their warning, an unflinching assessment of the vastness and insignificance of this life, is precisely counterbalanced by their lesson, which models the resilience that this understanding demands. Today's "Demolition Row" is persistent, concise, and alarmingly physical, its punch escorted by hypnotizing, unstrained vocals. "It's quite singular," says METZ's guitarist/singer **Alex Edkins**. "We've never sounded this way before."

### [\*\*LISTEN TO METZ'S "DEMOLITION ROW"\*\*](#)

Adulkt Life's debut LP, 2020's **Book of Curses**, is a contorted, forceful declaration. The 7"'s "**Book of Curses**" was intended for the LP, but didn't quite fit. Singer **Chris Rowley** describes it as a "belligerent satellite" for the end of time: "like in a few weeks." It's matched here with the blip of "**Ants & Lions**," a near-joke that instead feels accusatory. Atop the carnival swells of the song, only that voice could make "yabba dabba doo time" burn like acid.

The impact of these two sides, taken together, reveals a shared, defiant intention. "When you've made yr small space attack ship mostly from sharp sticks and dashboards and recycled fuel stuffs METZ ship looks clean and tended for battles to come," says Chris Rowley. "Very happy to be sharing crew n rink with them." For METZ, this record lives within their legacy of complementary projects including splits with Mission of Burma and Clipping, and their collaboration with John Reis. "It's because we are fans of the music," explains Edkins. "METZ are mighty aren't they?" replies Rowley.

### [\*\*PRE-ORDER METZ & ADULKT LIFE 7"\*\*](#)

#### **METZ & ADULKT LIFE 7" TRACKLIST**

1. Demolition Row
2. Book of Curses
3. Ants & Lions

### [\*\*DOWNLOAD HI-RES IMAGE OF METZ\*\*](#)

(by Norman Wong)

### [\*\*DOWNLOAD HI-RES IMAGES OF ADULKT LIFE\*\*](#)

#### **METZ TOUR DATES (tix):**

March 28 - Toronto, ON - Lee's Palace  
March 29 - Toronto, ON - Lee's Palace  
April 1 - Leicester, UK - O2 Academy 2  
April 2 - Blackpool, UK - Bootleg Social

April 3 - Manchester, UK - YES  
April 4 - Newcastle, UK - The Cluny  
April 6 - Glasgow, UK - Stereo  
April 7 - Leeds, UK - Brudenell Social Club  
April 8 - Bristol, UK - Thekla  
April 9 - Brighton, UK - Green Door Store (SOLD OUT)  
April 10 - London, UK - Scala w/ Adulkt Life  
May 12 - Austin, TX - Oblivion Access Festival  
Aug 26 - Torremolinos, Spain - Canela Party

METZ ONLINE:

<https://www.metzztem.com/>

[https://www.instagram.com/metz\\_theband/](https://www.instagram.com/metz_theband/)

<https://www.facebook.com/metz>

ADULKT LIFE ONLINE:

<https://adulktlife.bandcamp.com>

[https://www.instagram.com/adulkt\\_life/](https://www.instagram.com/adulkt_life/)

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