

May 17, 2022

For Immediate Release

**IAN SWEET PRESENTS NEW SINGLE/VIDEO “[FIGHT](#)” FROM  
FORTHCOMING EP *STAR STUFF*, VIA POLYVINYL**

**TICKETS FOR NORTH AMERICAN TOUR ON SALE NOW**



Photo Credit: Briggs Ogloff

**IAN SWEET** (the project of LA artist **Jilian Medford**) presents a new single/video, “**FIGHT**,” today via **Polyvinyl**. “It’s her second standalone release following “**f\*ckthat**” and her critically acclaimed album **Show Me How You Disappear**, and precedes her **North American and EU/UK tour** (tickets on sale now). “**FIGHT**” swells with bright guitar and emotion, as Medford sings about “a pandemic relationship - one that didn’t end up working out.” It’s anthemic and a perfect summer-sing-along. Medford elaborates on the track: “Spending everyday with someone, doing everything together,

not knowing if the world was going to end. Leaning on someone with such heaviness, putting our entire weight and being onto each other because it's all we had. The song plays into both the monotony of the relationship and the catastrophe that I went through after it ended. I felt so content in the relationship but then my entire world fell apart when it ended and I didn't know how to pick myself back up and move forward."

The accompanying video was directed by frequent collaborator **Lucy Sandler**. It features Medford's friends, who sing karaoke to the track in the vibrantly-decorated Prime Time (a bar Sandler and Medford frequent). Eventually, Medford appears amongst the crowd. Director Lucy Sandler says "I can only describe making 'FIGHT' as a true celebration, a giant family affair. By the end of the day all our friends became friends, the bar owners were taking shots with everyone, and Jilian got to crowd surf which made me tear up because she was so happy. I just wanted to capture the rawness and excited vulnerability that comes with a karaoke performance."

### [WATCH IAN SWEET'S VIDEO FOR "FIGHT"](#)

"FIGHT" is the first taste of "**Star Stuff**," an EP that's coming together in real time. It's a collection that's finding its form as Medford completes new songs between tours and work and life. As she explains: "Some songs come quickly and it doesn't feel right to hold onto them. It's important for me to put out music as it comes, and not hold onto it for too long—it's always amazing to have it be part of something greater, but I want to share what I'm feeling almost as it happens."

### [STREAM "FIGHT"](#)

#### **IAN SWEET TOUR DATES**

Wed. May 18 - Tilburg, NL @ Skatecafe  
Thu. May 19 - Groningen, NL @ Vera  
Fri. May 20 - Amsterdam, NL @ London Calling  
Sun. May 22 - Manchester, UK @ YES  
Mon. May 23 - Glasgow, UK @ The Hug and Pint  
Wed. May 25 - Liverpool, UK @ Zanzibar Club  
Thu. May 26 - London, UK @ The Grace  
Sat. May 28 - Bristol, UK @ Dot to Dot Festival  
Sun. May 29 - Nottingham, UK @ Dot To Dot Festival  
Tue. May 31 - Birmingham, UK @ Hare & Hounds  
Fri. Jul. 22 - 24 - Seattle, WA @ Capitol Hill Block Party  
Wed. Jul. 27 - New York, NY @ Baby's All Right #  
Thu. Jul. 28 - Philadelphia, PA @ Johnny Brenda's #  
Fri. Jul. 29 - Washington, DC @ Songbyrd #

Sun. Jul. 31 - Boston, MA @ Brighton Music Hall #  
Mon. Aug. 1 - Montreal, QC @ Bar Le Ritz #  
Tue. Aug. 2 - Toronto, ON @ Baby G #  
Thu. Aug. 4 - Chicago, IL @ Sleeping Village #  
Fri. Aug. 5 - Milwaukee, WI @ Colectivo #  
Sat. Aug. 6 - Minneapolis, MN @ 7th St Entry #  
Mon. Aug. 8 - Omaha, NE @ Reverb Lounge #  
Tue. Aug. 9 - Kansas City, MO @ Record Bar #  
Thu. Aug. 11 - Denver, CO @ Larimer Lounge #  
Fri. Aug. 12 - Salt Lake City, UT @ Kilby Court #  
Sun. Aug. 14 - Phoenix, AZ @ Valley Bar#

#=w/ Bnny

### **PRAISE FOR *SHOW ME HOW YOU DISAPPEAR***

“*Show Me How You Disappear* scales heights and punches the air upon reaching them, and the best songs swell in your chest like prime-era Broken Social Scene.”

- *Pitchfork*

“Its songs bring anxious, astral pop to bear on questions of what it means to have a healthy relationship with yourself and with your own thoughts.” - *NPR Music*

“*Show Me How You Disappear* aims for the cosmos but lands in an indie-pop Twilight Zone, spinning a web of confessional lyrics, distorted riffs, and glittery hooks.”

- *Rolling Stone*

“ *Show Me How You Disappear* probes the aftermath of that traumatic time unflinchingly as she navigates the subsequent healing and moving forward without losing sight of the transcendent beauty that recovery can hold.”

- *NYLON*

“There are several moments on *Show Me How You Disappear* that feel like soundtracks for someone who sees the world through new eyes.” - *FLOOD*

[Download hi-res images](#)



"FIGHT" Track Artwork

IAN SWEET Online:

<https://www.iansweetmusic.com/>

<https://twitter.com/iansweetweet?lang=en>

<https://www.facebook.com/iansweetmusic/>

[https://www.instagram.com/ian\\_sweeeeet/](https://www.instagram.com/ian_sweeeeet/)

<https://iansweetmusic.bandcamp.com/track/sword>

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