

October 12, 2022
For Immediate Release

Black Belt Eagle Scout Returns With [New Song/Visualizer, “Don’t Give Up”](#)



Photo Credit: Nate Lemuel of Darklisted Photography

Black Belt Eagle Scout - moniker of Swinomish, WA-based multi-instrumentalist **Katherine Paul** - returns with a new single/visualizer, **“Don’t Give Up.”** This is Black Belt Eagle Scout’s first new release since 2019’s ***At the Party With My Brown Friends***, an album “encased in swirls of dream-pop production...[that] represents a softer, more subtle sort of resistance” (*Pitchfork*), and her debut, ***Mother of My Children***. Throughout “Don’t Give Up,” Paul’s heartfelt vocals are wrapped in gauze, rising over guitar, percussion, and mellotron. *“Don’t Give Up’ is a song about mental health awareness and the importance that my connection to the land plays within my own mental health journey,”* says Paul. She wrote the track over the course of two years, first starting right before the pandemic in 2020 at a songwriting residency in Coast Salish territory and ending in November 2021 while attending that same residency again.

She elaborates: *“Spending time with the land and on the water are ways that strengthen my connection to my ancestors and to my culture. It helps heal my spirit and is the form of self-care that helps me the most. The lyrics ‘I don’t give up’ mean staying alive. I wrote this song for me but also for my community and anyone who deals with challenging mental health issues to remind us just how much of a role our connection to the environment plays within our healing*

process. At the end of the song when I sing 'the land, the water, the sky,' I wanted to sing it like my late grandfather Alexander Paul Sr. sang in our family's big drum group - from the heart."

[Watch Black Belt Eagle Scout's Visualizer for "Don't Give Up"](#)

In conjunction with "Don't Give Up," Black Belt Eagle Scout is offering a special charity t-shirt design by artist **Willow Tomeo** benefiting the [Chief Seattle Club](#), an organization that helps houseless Natives in Seattle get off the street. Seattle happens to be one of the biggest places for the Missing and Murdered Indigenous Women and People epidemic. Having a safe place to turn to like Chief Seattle Club could help some people have an option to get out of human trafficking. Shirts are available for purchase [here](#).

Over the last many months, Black Belt Eagle Scout's music has been featured in episodes of **Reservation Dogs**. Additionally, Paul is featured on **Sleater-Kinney's upcoming Dig Me In: A Dig Me Out Covers Album**, out October 21st. On November 25th, Black Belt Eagle Scout will take part in the second annual **Indigenous Heritage Day Celebration** at the High Dive in Seattle, Washington. And next year sees Black Belt Eagle Scout head overseas for her first EU/UK tour (dates are below). "Don't Give Up" hints at more to come from Black Belt Eagle Scout in 2023.

Black Belt Eagle Scout Tour Dates

Fri. Feb. 24 - Manchester, UK @ Night & Day

Sat. Feb. 25 - London, UK @ Moth Club

Mon. Feb. 27 - Paris, FR @ Le Pop Up

Tue. Feb. 28 - Brussels, BE @ Botanique - Witloof Bar

Wed. March 1 - Amsterdam, NL @ Paradiso Upstairs

Thu. March 2 - Copenhagen, DK @ Stengade

Sat. March 4 - Rotterdam, NL @ Rotown

Sun. March 5 - Berlin, DE @ Badehaus

[Download hi-res images and jpegs of Black Belt Eagle Scout](#)

Black Belt Eagle Scout



Don't Give Up

"Don't Give Up" Track Artwork

[Website](#) | [Facebook](#) | [Instagram](#) | [Bandcamp](#)

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