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For Immediate Release

Caroline Rose Releases New Single, “[The Doldrums](#)”

**New Album, *The Art of Forgetting*,
Out March 24th on New West Records**

Tickets for North American Tour On Sale Now



photo credit: Cristina Fisher

"Caroline Rose returns with a brave document of turmoil and heartbreak full of sumptuous arrangements and powerful lyrics." - *Bandcamp*

"[*The Art of Forgetting* is] a 14-track confession overflowing with intense, raw emotion and brutal honesty." - *American Songwriter*

"['Miami' is] a bombastic, emotionally raw lead single." - *Stereogum*

['Miami'] finds a near gear with a war-like drumbeat and deep growls of an electric guitar for the chorus." - *Paste*

Caroline Rose “has traversed multiple styles since her 2014 debut album, from countryish roots-rock to gleaming electronic pop” (*The New York Times*), and her recently-announced new album, ***The Art of Forgetting***, out **March 24th via New West Records**, is their most dynamic yet. For the first time, Rose’s music teems with raw, intense emotion, as presented in today’s eerie new single, “**The Doldrums**.” Over fluttering instrumentation, with additional production by **Nick Sanborn**, the narrator describes seeing a past self: “In a dream // There’s someone I hate // A smile creeps across my face // As they burn there at the stake // Their hands are bound // They’re crying out // But then I jolt awake with sweat pooled at my brow.” And over swelling, cathartic synths, they ask “If that was me then // Then who am I now?”

“‘The Doldrums’ was the song I wrote when I was realizing I had basically no understanding of self-compassion,” says Rose. “It’s about the voice inside my head that blames me for everything that’s ever gone wrong, mostly things out of my control. My idea of rebirth and reformation at the time was killing off my old self and finding a new one, rather than simply being kind to myself...Not because I didn’t want to be, but because I didn’t really know how.”

[Watch Caroline Rose’s Visualizer for “The Doldrums”](#)

With no guard up in *The Art of Forgetting*, Rose presents the type of confessional honesty we’ve only previously caught glimpses of in their work. Prompted by a difficult breakup, they began a deep-dive inward, unknowingly digging up long-buried childhood experiences. Of course, their impish humor does pop up unexpectedly amidst themes of regret and grief, loss and change, shame and the inevitability of pain.

While making the album, Rose “was getting these calls every day from my grandma, who was clearly losing her memory. It got me thinking about all the different ways memory shows up throughout our lives. It can feel like a curse or be wielded as a tool.” With this in mind, they produced the album using devices and media that embody the characteristics of fading or faulty memories, gravitating towards instruments that naturally changed or decayed over time: wooden and string instruments, voices, tape, and granular synthesis. Layers of vocal arrangements from Balkan-influenced yawps to Gregorian autotune choirs, acoustic instrumentation chopped and mangled like a glitching memory, and dreamlike synths push and pull to create a hugely dynamic soundscape.

"Every time I make an album I'll come out of it learning a lot about myself," comments Rose. "Now I look back and see the healing of a wound. I feel like a new version of myself. I think one for the better."

Caroline Rose's expansive North American tour kicks off this spring. Following, they'll bring their vivacious live show to the EU/UK. Tickets for all dates are on sale now and a full list of dates can be found below.

[Watch the "Miami" Video](#)

[Listen to "Love / Lover / Friend"](#)

[Pre-order *The Art of Forgetting*](#)

Caroline Rose Tour Dates

(new dates in bold)

- Fri. March 31 - Saratoga Springs, NY @ Arthur Zankel Music Center
- Sat. April 1 - Montreal, QC @ Petit Campus
- Tue. April 4 - Burlington, VT @ Higher Ground
- Wed. April 5 - Burlington, VT @ Higher Ground
- Thu. April 6 - Boston, MA @ Royale
- Sat. April 8 - Toronto, ON @ Horseshoe Tavern - SOLD OUT
- Sun. April 9 - Pittsburgh, PA @ Mr. Smalls Theatre
- Tue. April 11 - Philadelphia, PA @ Union Transfer
- Wed. April 12 - New York, NY @ Webster Hall
- Fri. April 14 - Washington, DC @ 9:30 Club
- Sat. April 15 - Richmond, VA @ Richmond Music Hall
- Sun. April 16 - Carrboro, NC @ Cat's Cradle
- Tue. April 18 - Asheville, NC @ The Orange Peel
- Wed. April 19 - Nashville, TN @ Brooklyn Bowl
- Fri. April 21 - Chicago, IL @ Thalia Hall
- Sat. April 22 - Milwaukee, WI @ Turner Hall Ballroom
- Sun. April 23 - Minneapolis, MN @ First Avenue
- Tue. April 25 - Denver, CO @ The Gothic Theatre
- Fri. April 28 - Seattle, WA @ The Showbox
- Sat. April 29 - Portland, OR @ Wonder Ballroom
- Wed. May 3 - San Francisco, CA @ The Fillmore
- Fri. May 5 - Los Angeles, CA @ The Fonda Theatre
- Sun. May 21 - Guadalajara, MX @ Corona Capital
- Sat. May 27 - Hamburg, DE @ Nochtspeicher**
- Mon. May 29 - Cologne, DE @ Stadtgarten**
- Wed. 31 May - Manchester, UK @ Band on the Wall
- Thu. 1 June - Dublin, IE @ Whelan's

Sat. 3 June - Glasgow, UK @ Stereo
Sun. 4 June - Bristol, UK @ Exchange
Mon, 5 June - London, UK @ HEAVEN
Wed. June 7 - Brighton, UK @ Patterns
Sat. June 10 - Zurich, Switzerland @ Bogen F
Tue. June 13 - Brussels, BE @ AB
Wed. June 14 - Amsterdam, NL @ Paradiso (Upstairs)
Fri. June 16 - Paris, FR @ La Hasard Ludique
Sat. June 17 - Mannheim, DE @ Maifeld Derby
Sun. June 18 - Duisburg, DE @ Traumzeit Festival

[Download hi-res images and jpegs of Caroline Rose](#)



The Art of Forgetting Cover Artwork

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