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For Immediate Release

RVG Announces New Album, *Brain Worms*, Out June 2nd On Fire Records

Watch Video For Lead Single “[Nothing Really Changes](#)”

Catch Them On Tour At SXSW + With Julia Jacklin & Billy Nomates



Photo Credit: Izzie Austin

RVG announces its new album, *Brain Worms*, out **June 2nd** on **Fire Records**, and shares the lead single/video, “[Nothing Really Changes](#).” All throughout *Brain Worms*, it’s apparent that RVG is in very fine form. Named for the hyper-recognizable experience of each day bearing witness to a world of private obsessions being aired out in the infinite, *Brain Worms* may not be wholly new territory for the Melbourne post-punk band and its lyricist/frontwoman **Romy Vager**, but this time around, there’s a newfound radical acceptance glistening overtop everything.

On *Brain Worms*, bandmates **Reuben Bloxham** (guitar), **Marc Nolte** (drums), and **Isabele Wallace** (bass) are flawlessly adept in bringing Vager's songwriting to life. Recorded in London at **Snap Studios** with **James Trevascus** (Billy Nomates, Nick Cave & Warren Ellis, The Goon Sax), all ten *Brain Worms* tracks surge with lush sounds and clear intentions — and the magic of an acoustic guitar once owned by Kate Bush, given to her by Tears for Fears (who, legend has it, wrote “Everybody Wants to Rule the World” on it).

“Nothing Really Changes” is a keys-heavy new-wave track that “started off as a songwriting experiment to write something catchy with an obnoxious riff, a cross between Divinyls and ‘Smoke on the Water,’” Vager says. “It’s a song about missing someone but protecting yourself from being hurt.”

The accompanying video was directed by **Hayden Somerville** at the [Rippon Lea Estate](#). “The words and music painted this haunted manor world in my head,” says Somerville. “A lifeless body represents a past relationship so nicely, while also acting as a fantastic listener for Romy. I think it’s all very therapeutic.” Vager adds, “This new record has been about taking risks so I really put myself outside of my comfort zone to make it work. I’m really proud of what we’ve made, the video compliments the melodrama and playfulness of the track perfectly.”

[Watch RVG's “Nothing Really Changes” Video](#)

After a momentous first five years — finding critical acclaim for their 2017 debut ***A Quality of Mercy***, landing on countless end-of-year Best Of lists, and playing alongside some of the world’s biggest acts — RVG released their second album ***Feral*** as the world was locking down in 2020. *Feral* was hailed by ***Rolling Stone Australia*** as “the record of a lifetime,” but between the four bandmates, *Brain Worms* is the most confident they’ve ever felt in RVG. They’ve moved past their influences, pushed themselves, and tried new things. And they made a record they can, by all accounts, call their best.

“Hype is scary. After two years of COVID it felt like the hype had gone down so we were able to just do stuff,” says Vager. “This time around we were like, this is what we’re doing, we’re taking control, we’re taking risks, and we’re going to make an album that sounds big so that when we hear it on the radio we want to hear it again. If we could only make one more album, it would be this one.”

RVG will tour Australia later this month with **Julia Jacklin** before coming stateside for **SXSW** in March. Following SXSW, the band will join **Billy Nomates** in April across the UK. A full list of dates is below.

[Pre-order Brain Worms](#)

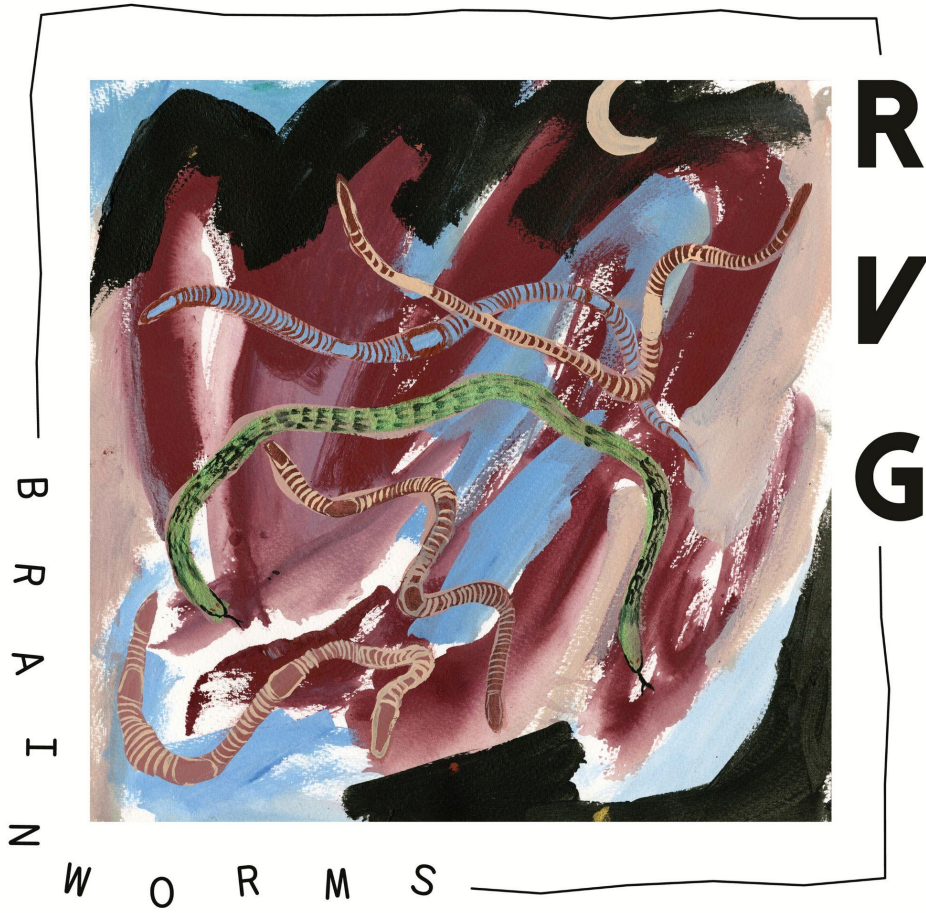
***Brain Worms* Tracklist:**

1. Common Ground
2. Midnight Sun
3. It's Not Easy
4. Tambourine
5. Brain Worms
6. You're The Reason
7. Squid
8. Giant Snake
10. Nothing Really Changes
11. Tropic of Cancer

RVG Tour Dates:

- Mon. Feb. 25 - Sydney, AUS @ The Enmore Theatre (w/ Julia Jacklin)
Sun. Feb. 26 - Brisbane, AUS @ The Tivoli (w/ Julia Jacklin)
Tue. Feb. 28 - Melbourne, AUS @ The Forum (w/ Julia Jacklin)
Wed. Mar. 1 - Melbourne, AUS @ The Forum (w/ Julia Jacklin)
Sun. Mar. 5 - Adelaide, AUS @ Hindley St Music Hall (w/ Julia Jacklin)
Fri. Mar. 10-Sun. Mar. 19 - Austin, TX @ SXSW
Mon. Apr. 17 - Cardiff, UK @ Tramshed (w/ Billy Nomates)
Wed. Apr. 19 - Nottingham, UK @ Rescue Rooms (w/ Billy Nomates)
Thu. Apr. 20 - Manchester, UK @ New Century Hall (w/ Billy Nomates)
Fri. Apr. 21 - Leeds, UK @ LUU-Stylus (w/ Billy Nomates)
Sat. Apr. 22 - Glasgow, UK @ QMU (w/ Billy Nomates)
Mon. Apr. 24 - Newcastle, UK @ Boiler Shop (w/ Billy Nomates)
Tue. Apr. 25 - Birmingham, UK @ O2 Institute Birmingham (w/ Billy Nomates)
Thu. Apr. 27 - London, UK @ O2 Forum Kentish Town (w/ Billy Nomates)
Fri. Apr. 28 - Brighton, UK @ CHALK Live (w/ Billy Nomates)
Sat. Apr. 29 - Bristol, UK @ Marble Factory (w/ Billy Nomates)

[Download cover artwork & hi-res images of RVG](#)



Brain Worms Cover Artwork

RVG Online:

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