

May 30, 2023
For Immediate Release

**Blonde Redhead Sign to section1 for New Album, *Sit Down for Dinner*,
Out September 29, and Announce Tour**

First Studio Album Since 2014

Listen to Lead Single, “[Snowman](#)”



Photo Credit: Charles Billot

Blonde Redhead — the beloved rock trio of **Kazu Makino** and Italian twin brothers **Simone and Amedeo Pace** — announce their **new album, *Sit Down for Dinner***, out **September 29th on section1**, **lead single, “[Snowman](#),”** and **North American, UK and European tour**. Written and recorded over a five-year period spanning New York City, upstate New York, Milan and Tuscany, *Sit Down for Dinner* is immaculately structured, imbued with sensitivity, clarity, and resolve. Throughout the album, the understated yet visceral melodies create a foil to lyrics about the inescapable struggles of adulthood:

communication breakdown in enduring relationships, wondering which way to turn, holding onto your dreams.

In spring 2020, Makino encountered a passage from Joan Didion's 2005 memoir of grief, *The Year of Magical Thinking*, which reflects on her devastating experience of witnessing her husband's sudden death at the dinner table. Amid the profound uncertainty of those early pandemic months, Makino was thinking of her own parents far away in Japan; the then-lost ritual of congregating for dinner with family; and the heavy, omnipresent feeling that life could change in the instant for any of us. There was one line in particular that would eventually lend itself to the album's title: "Life changes fast. Life changes in the instant. You sit down to dinner and life as you know it ends." Simultaneously, the album has a separate resonance for the Pace brothers. Culturally, dinner is a nonnegotiable family ritual, one that the trio implemented while rehearsing or on tour. "I know a lot of people eat and run, eat in front of their TV, or don't care about it too much—and that's OK—but we really do," says Simone. "It's a moment for us to sit down and have time with each other."

This spirit of connection is immediate in Blonde Redhead's innate harmonic sensibilities. "We have a language we have kept," Makino says. "We try to change rhythms, concepts, and sounds. But that harmonic sensibility has stayed the same. It hits the same part of your heart." The vocal layers of the album's opening track, "**Snowman**," were inspired by the Swingle Singers' a capella renditions of Bach. The luminous groove and chord progression of the song, sung by Amedeo, is one of many Blonde Redhead songs inspired by the attitude and breeziness of Brazilian experimental music; a brilliant turn of phrase melts its titular snowman into simply a man, struggling to express himself: "Do you feel alive or do you only fall? So like a no man, that you are." Amedeo wrote "Snowman" while on a bus in the Monte Rosa mountains and battling motion sickness. "I got inspired to write a song that only had two chords and a melody that would live and float between them. 'Snowman' is about how it can be a blessing or a curse to be invisible and undetectable, and how it's something we all feel and desire at times."

[Listen to Blonde Redhead's "Snowman"](#)

Sit Down for Dinner is meticulous and immersive. It's a testament to the unique internal logic Blonde Redhead have refined over their three-decade existence, one characterized by the sense of persistent togetherness. They are continuously going, growing, never confined to any era but the present.

Blonde Redhead's **North American, UK and European tour** begins this fall in **San Francisco** and includes stops in **Chicago, Philadelphia, Washington, DC** and beyond. The tour follows a string of intimate, sold out shows in Los Angeles, New York and London. Additionally, in the spirit of *Sit Down for Dinner*, Blonde Redhead will be hosting **special dinners** at select restaurants in Paris, London, New York and Los Angeles around the album's release, offering a **rare chance to spend actual time with the band**. These are on offer via an **exclusive bundle**, including the *Sit Down for Dinner* signed vinyl, a limited edition section1 magazine, and of course, a dinner with the band. Full dates are listed below and tickets are on sale now.

[Pre-order Sit Down for Dinner](#)

Sit Down for Dinner Tracklist

1. Snowman
2. Kiss Her Kiss Her
3. Not for Me
4. Melody Experiment
5. Rest of Her Life
6. Sit Down for Dinner Pt 1
7. Sit Down for Dinner Pt 2
8. I Thought You Should Know
9. Before
10. If
11. Via Savona

Blonde Redhead *Sit Down for Dinner* Vinyl + Dinner Bundle Dates:

- Sat. Sep. 23 - Paris, FR @ Montezuma Cafe
- Mon. Sep. 25 - London, UK @ Brilliant Corners
- Thu. Sep. 28 - New York, NY @ Public Records
- Sun. Oct. 1 - Los Angeles, CA @ Chainsaw

Blonde Redhead Tour Dates

- Fri. June 2 - McGill, NV @ Schellraiser Music Festival
- Wed. June 7 - Los Angeles, CA @ Zebulon - SOLD OUT
- Wed. June 14 - Brooklyn, NY @ Baby's All Right - SOLD OUT
- Thu. July 20 - London, UK @ The Lexington - SOLD OUT
- Thu. Aug. 31 - Ogden, UT @ Ogden Amphitheater (supporting Phantogram)
- Mon. Oct. 16 - San Francisco, CA @ August Hall
- Wed. Oct. 18 - Seattle, WA @ Neptune Theatre
- Fri. Oct. 20 - Portland, OR @ Wonder Ballroom
- Sat. Oct. 21 - Boise, ID @ Treefort Music Hall
- Tue. Oct. 24 - Englewood, CO @ Gothic Theatre
- Wed. Oct. 25 - Sante Fe, NM @ Meow Wolf
- Fri. Oct. 27 - Austin, TX @ TBA
- Sat. Oct. 28 - Dallas, TX @ Studio at The Factory
- Mon. Oct. 30 - St. Paul, MN @ Amsterdam Bar and Hall
- Tue. Oct. 31 - Chicago, IL @ Thalia Hall
- Thu. Nov. 2 - Toronto, ON @ TBA
- Fri. Nov. 3 - Montreal, QC @ Le Studio TD
- Sat. Nov. 4 - Somerville, MA @ Crystal Ballroom at Somerville Theatre
- Wed. Nov. 8 - Philadelphia, PA @ Union Transfer
- Thu. Nov. 9 - Washington, DC @ Howard Theatre
- Fri. Nov. 10 - Brooklyn, NY @ Brooklyn Steel
- Mon. Nov. 20 - Genève, CH @ PTR L'Usine
- Tue. Nov. 21 - Parma, IT @ Teatro Regio di Parma
- Thu. Nov. 23 - Cologne, DE @ Gebaude 9
- Fri. Nov. 24 - Berlin, DE @ Hole 44
- Sat. Nov. 25 - Hamburg, DE @ Bahnhof Pauli
- Mon. Nov. 27 - Lille, FR @ Aeronef

Tue. Nov. 28 - Paris, FR @ La Cigale
Wed. Nov. 29 - Nantes, FR @ Stereolux
Fri. Dec. 1 - Rennes, FR @ Antipode
Sat. Dec. 2 - La Rochelle, FR @ La Sirene
Sun. Dec. 3 - Toulouse, FR @ Le Bikini
Tue. Dec. 5 - Brussels, BE @ Orangerie (at Botanique)
Wed. Dec. 6 - Amsterdam, NL @ Paradiso
Thu. Dec. 7 - Leffinge, BE @ De Zwerver
Sat. Dec. 9 - Leeds, UK @ Brudenell Social Club
Sun. Dec. 10 - Bristol, UK @ Thekla
Tue. Dec. 12 - London, UK @ Village Underground

[Download cover artwork & hi-res images of Blonde Redhead](#)



(Sit Down for Dinner Cover Artwork)

Blonde Redhead Online

[Website](#) | [Instagram](#) | [Twitter](#) | [Facebook](#) | [TikTok](#) | [YouTube](#) | [Bandcamp](#)

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